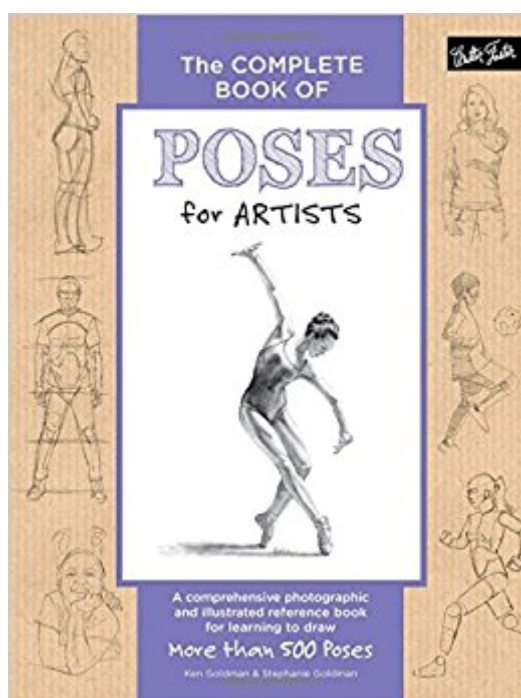


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# The Complete Book Of Poses For Artists: A Comprehensive Photographic And Illustrated Reference Book For Learning To Draw More Than 500 Poses



## Synopsis

Packed with helpful photographs, hundreds of techniques, and loads of expert instruction, *The Complete Book of Poses for Artists* is the perfect resource for artists of all skill levels. The human figure is one of the most difficult subjects to capture in drawing. *The Complete Book of Poses for Artists* combines photographs and illustrations that demonstrate how to accurately render the human form in hundreds of realistic poses. The book guides artists through the process of drawing the human figure as it pertains to anatomy, proportions, volume, mass, gesture, movement, and expression. From there, the book reveals how these characteristics come together using light, shape, line, and form to accurately depict the human figure in a variety of everyday poses, including standing, sitting, reclining, and action. Each section features color photographs of people in several "core" poses (e.g., sitting, reclining, and action), as well as multiple variations of those poses. Step-by-step artist illustrations demonstrate how to render the core pose, whereas illustrations and professional tips demonstrate how to turn the core pose into a new variation. In addition, step-by-step drawing instructions and techniques demonstrate how to capture realistic poses as they differ from one person to the next across a range of human characteristics, such as age (child, teen, adult, senior citizen); body type (ectomorph, mesomorph, endomorph); gender; and activity (e.g., athlete, dancer, etc.). Packed with helpful photographs, hundreds of techniques, and loads of expert instruction, *The Complete Book of Poses for Artists* is the perfect resource for artists of all skill levels—and one that will be referred to over and over again.

## Book Information

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## Customer Reviews

Award-winning artist Ken Goldman is an internationally known artist, author, teacher, and art juror. His work has been exhibited in group and solo exhibitions in Holland; Paris; Mexico; New York; Boston; Washington, D.C.; the Oceanside Museum of Art: 100 Artists, 100 Years 1915-2015; the International Fabriano en Acquarello 2015 (Italy); China's Shenzhen International Biennial 2013-2014; and the Shanghai International Biennial 2012-2013. He currently serves as president of the National Watercolor Society. Visit [www.goldmanfineart.com](http://www.goldmanfineart.com). Stephanie Goldman is known for her richly colored figures, insightful portraits, boldly painted miniatures, and dynamic charcoal, pencil, and ink drawings. She imbues all of her work with a focused creativity and experimentation that intrigues collectors and critics alike. Stephanie teaches figure painting and portraiture at the Athenaeum School of the Arts in La Jolla, California, and has worked with artist Ken Goldman for more than two decades collaborating on both large and small public and private art projects. Visit [www.goldmanfineart.com](http://www.goldmanfineart.com).

The Goldmans are such experts on the human figure this book is an absolute must reference for every artist's library. It is a pleasure to read every page and focus on the multitude of wonderful visuals. I loved this book and would highly recommend it for artists at every level.

Buy it. The price is fantastic!

Stephanie and Ken Goldman are wonderful artists and teachers. This book of poses for artists is stimulating, accesible, encouraging and filled with excellent tips. It's a lifetime book to be referenced over and over. I highly recommend it!

What great artists to write/draw such a fabulous book

As an artist who is passionate about drawing people, I have purchased many books on anatomy and figure drawing and some of them are tough to read. This book however distills, into a very readable format, the most important elements of anatomy, tools, techniques, and practical tips that will be useful to beginners through advanced students/artists. Unlike many books on figure drawing, this one depicts contemporary people in casual, realistic poses. The graphic layout of the book makes it easy to read and visually appealing. Every time I open the book I continue to be amazed at the wealth of practical information it contains. I am not aware of another book that focuses on

movement and balance in poses and how to realistically achieve this in a drawing. This is an essential book for anyone who loves to draw the human figure. Ken and Stephanie Goldman are superb artists who have shared their wisdom and knowledge gleaned from many years of teaching. I remember, as a child, buying Walter Foster art instruction books and I am thrilled to see they are still in business producing high quality books.

Complete is right! This book is very thorough. The authors are each outstanding artists who teach, so they have made it their job to simplify the content for the ambitious student. The reader will discover excellent, illustrated explanations of anatomy basics and standard proportions of heads and features. Photos and drawings show by example how to draw kids & adults, in active and casual poses in a variety of styles and media. Even back views are well represented! Drawing techniques are reviewed, as well. The illustrations are especially strong on pencil drawing solutions for all aspects of rendering people: shading to express form, texture techniques for rendering hair and drapery, plus, simple background treatments. You'll find insights into composition to express emotion, gesture and attitude. This book ought to prompt YOU to draw people!

It is a great resource for anyone who loves to work with a pencil and wants to get better at drawing people. Instructions range from beginning to experienced. The written information is extremely informative but you don't have to read a word to get a ton of information from this beautifully illustrated book. There are many drawn examples. Page through it and look at how backgrounds are handled. Do it again and focus on highlights and shadows, then skin tones, then hair, fabrics, etc. Read the the tutorials later. They are there and excellent. Take in the many useful tips. The book is full of photos of people of all age groups in various poses. Examples are drawn from some of these and exercises are given to practice. I appreciated how to use construction lines to get started. I felt I learned something from every page. This is a quality book. Hardcover, paper, photos, drawings, top notch. It would make a great gift for anyone interested in this subject.

This is a comprehensive text for beginner or advanced artist interested in improving his/her drawing of humans in real life poses of rest or action. The many large examples are accompanied with step by step drawings and/or tips on how they are rendered successfully beginning to end. Details include "how to" for physical features such as adult or child face/muscle/foreshortening/shadows, etc as well as drawing of fabrics/folds/backgrounds, etc. The artist will find this sturdy and beautiful

book useful over and over.

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